

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

Results - Session 6 (Warmup 4.15 - 5.15)

Event 203 Girls 12-13 400 SC Meter Freestyle

Name	Age	Team	Finals Time	
Finals				
1 Claxton, Autum	13	Mt Kelly	4:26.37	
	29.49	32.75	33.77	34.37
	34.27	34.11	33.94	33.67
2 Ward, Lois	13	Nuneaton	4:30.58	
	30.34	34.13	34.86	34.82
	34.47	34.52	34.21	33.23
3 Teggarty-Sparks, Ida	13	Teddington	4:32.25	
	30.55	33.58	34.59	34.95
	34.91	35.45	34.87	33.35
4 Hill, Emma	13	Teddington	4:32.42	
	30.28	33.98	34.71	35.37
	35.12	35.10	34.61	33.25
5 Mason, Eliza	13	EllesmereCSA	4:38.93	
	30.75	34.27	35.47	35.67
	36.02	35.87	35.89	34.99
6 Galdes Cutting, Daisy	13	Pembs Cty	4:39.24	
	30.46	34.48	35.32	35.63
	35.68	36.44	35.86	35.37
7 Sherrard, Alex	12	Torfaen D	4:41.07	
	30.91	34.66	35.82	36.22
	36.02	36.40	36.50	34.54
8 Williams, Lucia	13	Kingston Roy	4:45.61	
	31.33	34.50	36.05	36.52
	36.85	37.12	36.98	36.26

Event 203 Women 14-15 400 SC Meter Freestyle

Name	Age	Team	Finals Time	
Finals				
1 Griffiths, Cerys	14	Pembs Cty	4:22.05	
	28.71	31.36	32.23	33.63
	34.18	34.34	34.91	32.69
2 Hall, Emily	14	Warrington W	4:27.80	
	30.72	33.86	33.60	34.25
	34.36	34.25	34.21	32.55
3 Handley, Evie	15	Exeter City	4:30.51	
	31.19	33.49	33.86	34.29
	34.64	34.55	34.55	33.94
4 Watts, Olivia	15	EllesmereCSA	4:32.09	
	30.79	33.51	34.29	34.57
	34.81	35.13	34.96	34.03
5 Martin, Cazia	15	Co Sheffield	4:32.59	
	30.65	33.18	33.92	34.42
	34.78	35.21	35.50	34.93
6 Iles, Jessica	14	Co Cardiff	4:35.14	
	31.86	34.55	34.60	34.72
	35.07	35.30	34.98	34.06
7 Anderson, Rosalie	14	Co Cardiff	4:36.42	
	29.92	33.80	35.19	35.38
	35.20	35.86	36.10	34.97
8 Neumann, Eva	14	Mt Kelly	4:37.57	
	30.43	33.93	34.72	35.55
	35.64	35.53	35.99	35.78

Event 203 Women 16-17 400 SC Meter Freestyle

Name	Age	Team	Finals Time	
Finals				
1 Grant, Lucy	17	Co Newport	4:27.73	
	31.03	34.34	33.32	34.25
	33.88	33.94	34.17	32.80
2 Williams, Rose	16	Co Cardiff	4:31.62	
	31.03	34.30	35.07	34.87
	34.65	35.13	34.34	32.23
3 Dacey, Mollie	16	Co Cardiff	4:32.25	
	31.10	34.79	34.66	34.30
	35.19	35.52	34.20	32.49
4 Weaver, Poppy	17	Teddington	4:33.15	
	30.54	33.81	34.38	34.55
	34.81	34.86	35.29	34.91
5 Wiseman Lee, Thea	16	Teddington	4:37.61	
	32.09	34.92	35.30	35.26
	35.47	35.29	35.30	33.98

Event 203 Women 400 SC Meter Freestyle Super Final

Name	Age	Team	Finals Time	
Finals				
1 Monks, Aimee	19	Swansea Uni	4:09.35	
	28.53	31.55	31.64	31.92
	31.57	31.59	31.81	30.74
2 John, Emilia	17	Co Cardiff	4:15.87	
	29.96	32.25	32.38	32.55
	32.37	32.49	32.09	31.78
3 Forwood, Emily	20	Swansea Uni	4:16.18	
	30.34	32.92	32.17	32.64
	32.38	32.49	32.34	30.90
4 Mitchell, Abby	18	Swansea Uni	4:21.69	
	30.18	32.88	33.20	33.19
	32.90	33.27	33.64	32.43
5 Patterson, Millie	18	Swansea Uni	4:23.84	
	30.31	32.83	32.80	32.83
	33.29	33.73	34.13	33.92
6 Sherrard, Emme	15	Torfaen D	4:28.13	
	29.82	33.27	33.98	34.01
	34.40	34.39	33.98	34.28
7 Hornby, Rachel	20	Swansea Uni	4:28.40	
	30.64	33.46	33.49	34.02
	34.43	34.31	34.29	33.76
8 Cumner, Megan	17	Mt Kelly	4:30.06	
	30.72	33.66	33.97	34.23
	34.21	34.69	34.78	33.80